

## CLEVELAND COUNTY WELLNESS COMMITTEE

### MINUTES

FRIDAY, AUGUST 26, 2016

9:00 a.m.

Chairman Harold Haralson called to order this 26<sup>th</sup> day of August 2016 the regularly scheduled meeting of the Cleveland County Wellness Committee in the conference room at 122 E. Eufaula. Roll call taken and recorded by Tammy Belinson, County Clerk/Secretary, as follows:

**Those present were:** Harold Haralson, Tammy Belinson, Teri Cox, George Mauldin, John Roberts and Doug Warr.

**Those absent were:** Jacob McHughes, Brenda Hill, Carrie Welles, Brian Wint and Lexi Verplank.

**Ex-officio members present:** Linda Atkins, Sarita Scott, Brittany Marshall, Bryan Jenkins, Jennifer Slawson, Leann Clements and Meredith Rowland, NP.

After the reading of the minutes of the Regular meeting of **July 29, 2016** and there being no additions or corrections, Teri Cox moved, seconded by John Roberts, that the minutes be **approved**.

The vote was: Harold Haralson, yes; Tammy Belinson, yes; Teri Cox, yes; George Mauldin, yes; John Roberts, yes; Doug Warr, yes.

Motion carried.

#### **A. Items of Business:**

- 1. During discussions** on the County Wellness Gym Facility, George Mauldin said that people were using it regularly and will continue to monitor the facility usage.
- 2. Following a brief discussion on** the three Mission Statement Concepts, John Roberts moved, seconded by George Mauldin, to select the first paragraph of the third Mission Statement, as follows:

“Our mission is to empower the Cleveland County Employee through encouraging and promoting a healthier lifestyle. We will work within our capacity as a Wellness Board to ensure that everyone will move closer to becoming the person they want to become and achieve the goals they want to achieve.”

The vote was: Harold Haralson, yes; Tammy Belinson, yes; Teri Cox, yes; George Mauldin, yes; John Roberts, yes; Doug Warr, yes.

Motion carried.

3. George Mauldin said there is nothing new to update on the **Biometrics** at this time other than they should have a blood pressure cup and a body fat caliper available in the next couple of weeks.
4. George Mauldin reported that the **CPR Certification** classes are scheduled for **September**.
5. Meredith Rowland, NP, **presented an Employee Health Clinic Update** by stating they made their selection for the Wellness Challenge (Denise Mullins, Deputy County Clerk) and the winner will pick up the check for \$500 today. They are working on getting ready for the Health Fair and an employee satisfaction survey of the Health Clinic.
6. Teri Cox said there was not much to report on the **Health Insurance** other than she has visited with Jerry Guy, Area Vice President of Gallagher Benefit Services and Darendra Smith, Senior Consultant with Gallagher, about them getting together with Oklahoma County to view some of the creative ideas that they have done. Oklahoma County does a lot of direct contracting for surgery and radiation and other things. John Roberts asked once they receive the RFPs what is the turnaround time. Teri Cox said she only knows that the county must decide by the first week in October because of the Affordable Care Act which states they must give a sixty-day notice or more to the employees about any changes that are going to happen for the next year. Dates on the calendar for 2016 are as follows: October 5, 6, and 7<sup>th</sup>. Gallagher Benefit Services will work with us in talking to the employees about what changes will occur at the first of the year.
7. Teri Cox reported on the Cleveland County Health Fair Scheduled for September 28, 2016. She said that meetings are taking place every two weeks now and registrations are out to the different providers. They have spots for about forty to forty-five providers. The task for the committee is getting the providers committed and registered.

John Roberts asked that Chairman Harold Haralson contact Norman Regional because they did several booths last year and have not answered back yet. Chairman Haralson said he will contact them.

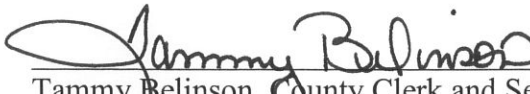
- 8. No Discussion, Consideration and/or Action** on presentation from Aley Cristelli on TSET at this time.
- B. No **new business** at this time.
- C. No discussion was had by the **Wellness Committee Members** regarding business at this time.
- D. There being no further business to come before the Board, John Roberts moved that the meeting be **adjourned** at 9:17 am. Teri Cox seconded the motion. The vote was: Harold Haralson, yes; Tammy Belinson, yes; Teri Cox, yes; George Mauldin, yes; John Roberts, yes; Doug Warr, yes. Motion carried.

(Clerk's Note: Agenda posted on August 23, 2016 @ 8:14 am.)

**Cleveland County Wellness Committee**  
CLEVELAND COUNTY, OKLAHOMA

  
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Harold Haralson, Chairman

**ATTEST:**

  
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Tammy Belinson, County Clerk and Secretary to the Board

Minutes Prepared by:   
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Deputy County Clerk

